DAILY HAPPINESS DECLARATIONS

- **1.** I CHOOSE TO BE HAPPY.
- 2. I WILL FOLLOW MY HEART.
- 3. I AM COMMITTED TO DOING WHAT I LOVE.
- **4.** I WILL TAKE ACTION AND NOT OVERTHINK.
- **5.** I BELIEVE I AM HERE FOR A REASON.
- 6. I BELIEVE MY LIFE HAS MEANING.
- **7.** I BELIEVE I CAN ACHIEVE MY GOALS.
- **8.** I BELIEVE THERE IS HOPE FOR MY SITUATION.
- **9.** WHAT IS MEANT FOR ME IS FOR ME, WHAT IS NOT, IS NOT.
- **10.** I WILL MANAGE MY MONEY RESPONSIBLY.

11. I WILL USE MY MONEY NOT ONLY TO IMPROVE MY LIFE, BUT TO IMPACT THOSE AROUND ME.

- **12.** I WILL LISTEN FIRST.
- **13.** I CHOOSE TO DO THINGS THAT BRING ME PEACE.
- **14.** I CHOOSE NOT TO ENTERTAIN THOUGHTS THAT DISRUPT MY SPIRIT.
- **15.** I HAVE A HAPPY LIFE.

